

★ **WTMC Winter course**
5.83 KM - Running



Waitakere Triathlon & Multisport Club
Wednesday fun run/walk winter course



Start, Trusts Stadium

Central Park Drive Bridge,
runners/walkers go down
under the bridge twice

Distance markers and instruc-
tions below are for clockwise
around the course.

Leave stadium main entrance path, left on to Central Park Drive, over the bridge, left to go under the bridge, up the other side, continue along Central Park Drive to Edmonton Rd lights, go right, along Edmonton Rd to the roundabout, go right, past The Falls Restaurant, West Wave, up Sel Peacock Drive, right onto Lincoln Road at the top. Along Lincoln road to Te Pai Place (netball courts), right on Te Pai place, continue to the lights at Central Park Drive, right, go down over the bridge, right to go back under the bridge and up the other side, back up over the bridge, up Central Park Drive to the stadium main entrance path, along the path between the palm trees to the start, and get you time. Well Done!

